



# Blueberry Predeposited Muffin

Artificially Flavored

## Nutrition Facts

Serving Size 1 Muffin, Baked (140g)	
Amount Per Serving	
<b>Calories 520</b>	<b>Calories from Fat 230</b>
% Daily Value*	
<b>Total Fat 26g</b>	<b>40%</b>
Saturated Fat 5g	25%
Trans Fat 0g	
<b>Cholesterol 100mg</b>	<b>33%</b>
<b>Sodium 500mg</b>	<b>21%</b>
<b>Total Carbohydrate 64g</b>	<b>21%</b>
Dietary Fiber 1g	4%
Sugars 32g	
<b>Protein 7g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 4%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

## Ingredients

ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EGGS, SOYBEAN OIL, BLUEBERRIES, WATER, CONTAINS 2% OR LESS OF: ARTIFICIAL FLAVOR, FOOD STARCH-MODIFIED, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE), MONO- AND DIGLYCERIDES, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATTY ACIDS, SALT, SOY LECITHIN, VITAL WHEAT GLUTEN, WHEY, XANTHAN GUM.

## Allergens

Contains Egg, Milk, Soy, Wheat.

This product is manufactured on equipment that processes items containing tree nuts.

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.