



## 100 Gram Nutrition

PO Box 844 • Harrisburg, NC 28075 • 412-443-6766 • www.donutconnection.com

### Description Corn Muffin Batter

#### Based on 100 Grams of Bakery Product

Moisture	30.24	g
Ash	1.08	g
Calories		370
Protein	4.74	g
Total Carbohydrate	45.09	g
Total Fiber	0.62	g
Insoluble Fiber	0.00	g
Soluble Fiber	0.04	g
Sugar	23.27	g
Sugar Alcohols	0.00	g
Fat	18.98	g
Saturated Fat	3.07	g
Monounsaturated Fat	5.05	g
Polyunsaturated Fat	10.44	g
<i>Trans</i> Fat	0.08	g
Cholesterol	68.08	mg
Sodium	308.37	mg
Potassium	72.84	mg
Vitamin A	44.00	IU
Vitamin C	0.08	mg
Thiamine	0.14	mg
Riboflavin	0.16	mg
Niacin	1.05	mg
Calcium	27.50	mg
Iron	1.17	mg
Phosphorus	150.22	mg
Folic Acid	29.31	ug
Sulfites	2	ppm

INGREDIENTS: WATER, SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, YELLOW CORN MEAL, EGGS, CORN SYRUP, NONFAT MILK, FOOD STARCH-MODIFIED, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, PROPYLENE GLYCOL MONOESTERS, XANTHAN GUM, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, POTASSIUM SORBATE (PRESERVATIVE), SOY FLOUR.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, EGGS, MILK, SOY)

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.