



100 Gram Nutrition

PO Box 844 • Harrisburg, NC 28075 • 412-443-6766 • www.donutconnection.com

Description Extend-R™ Yeast Raised Donut

Based on 100 Grams of Bakery Product

Moisture	11.18	g
Ash	2.76	g
Calories		385
Protein	10.92	g
Total Carbohydrate	66.71	g
Total Fiber	2.27	g
Insoluble Fiber	0.29	g
Soluble Fiber	0.16	g
Sugar	6.18	g
Sugar Alcohols	0.00	g
Fat	8.42	g
Saturated Fat	1.39	g
Monounsaturated Fat	2.01	g
Polyunsaturated Fat	3.95	g
<i>Trans</i> Fat	0.30	g
Cholesterol	0.10	mg
Sodium	797.40	mg
Potassium	62.99	mg
Vitamin A	47.01	IU
Vitamin C	0.07	mg
Thiamine	0.63	mg
Riboflavin	0.41	mg
Niacin	5.39	mg
Calcium	24.42	mg
Iron	4.17	mg
Phosphorous	205.25	mg
Folic Acid	128.26	ug
Sulfites	0	ppm

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, DEXTROSE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, MONO & DIGLYCERIDES, DRY WHEY, SODIUM STEAROYL LACTYLATE, CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, CORN OIL, BETA CAROTENE AS COLOR, WATER, WHEAT STARCH, TRICALCIUM PHOSPHATE, ALPHA TOCOPHEROLS AS PRESERVATIVE, ASCORBIC ACID (DOUGH CONDITIONER), EGG.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, SOY, MILK, EGG)

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.