



## French Donut Mix

### 100 GRAM NUTRITION

<u>Nutrient</u>	<u>Per 100g</u>	<u>Nutrient</u>	<u>Per 100g</u>
Water (g)	7.40	Vitamin C (mg)	0.38
Calories (kcal)	468.78	Thiamine (mg)	0.05
Protein (g)	15.24	Riboflavin (mg)	0.28
Carbohydrates (g)	52.34	Niacin (mg)	0.58
Dietary Fiber (g)	0.66	Folic Acid (mcg)	28.91
Soluble Fiber (g)	0	Calcium (mg)	235.57
Insoluble Fiber (g)	0.21	Iron (mg)	1.50
Total Sugars (g)	0.55	Potassium (mg)	140.80
Sugar Alcohol (g)	0	Phosphorus (mg)	423.85
Fat (g)	21.64	Sodium (mg)	1225.67
Saturated Fat (g)	9.88	Zinc (mg)	0.80
Mono Fat (g)	8.73	Sulfites (ppm)	1.28
Poly Fat (g)	2.58		
Trans Fatty Acid (g)	0.17		
Cholesterol (mg)	173.09		
Vitamin A (IU)	302.28		

### Ingredients

WHEAT STARCH, PALM OIL, YELLOW CORN FLOUR, EGG WHITES, EGG YOLKS, SOY PROTEIN ISOLATE, SODIUM CASEINATE, CONTAINS 2% OR LESS OF: ARTIFICIAL FLAVOR, ENZYME, MODIFIED SOY PROTEIN, FIRING AGENT (CALCIUM SULFATE), LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO- AND DIGLYCERIDES, PRESERVATIVE (SODIUM PROPIONATE), SALT.

### Allergens

Contains Egg, Milk, Soy, Wheat.

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.