



## Mi Panadería® Bavarian Filled Churros

<b>Nutrition Facts</b>	
Serving Size 1 churro (78g)	
Amount Per Serving	
<b>Calories 230</b>	<b>Calories from Fat 90</b>
	% Daily Value*
<b>Total Fat 10g</b>	<b>15%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 200mg</b>	<b>8%</b>
<b>Total Carbohydrate 30g</b>	<b>10%</b>
Dietary Fiber 1g	4%
Sugars 5g	
<b>Protein 4g</b>	
Vitamin A 0%	• Vitamin C 2%
Calcium 0%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients

ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUNFLOWER AND/OR COTTONSEED AND/OR PALM AND/OR SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, LIQUID SUCROSE, CONTAINS 2% OR LESS OF ARTIFICIAL FLAVORS, CARAMEL COLOR, CITRIC ACID, CORNSTARCH, DEXTROSE, EGG WHITES, ENZYMES, FOOD STARCH-MODIFIED, GUAR GUM, LEAVENING (AMMONIUM CARBONATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE), MONO- AND DIGLYCERIDES, NONFAT MILK, POLYSORBATE 60, PRESERVATIVES (SODIUM BENZOATE AND SORBIC ACID), SALT, SOY FLOUR, SUGAR, TITANIUM DIOXIDE (COLOR), VITAL WHEAT GLUTEN, YEAST, YELLOW 5, YELLOW 6.

### Allergens

Contains Egg, Milk, Soy, Wheat.