



## 100 Gram Nutrition

PO Box 844 • Harrisburg, NC 28075 • 412-443-6766 • www.donutconnection.com

### Description Plain Pudding Cake Muffin Batter

#### Based on 100 Grams of Bakery Product

Moisture	29.28	g
Ash	1.15	g
Calories		386
Protein	5.25	g
Total Carbohydrate	41.85	g
Total Fiber	0.46	g
Insoluble Fiber	0.07	g
Soluble Fiber	0.17	g
Sugar	24.36	g
Sugar Alcohols	0.00	g
Fat	22.10	g
Saturated Fat	4.99	g
Monounsaturated Fat	6.37	g
Polyunsaturated Fat	10.16	g
<i>Trans</i> Fat	0.12	g
Cholesterol	83.35	mg
Sodium	422.51	mg
Potassium	78.47	mg
Vitamin A	49.06	IU
Vitamin C	0.04	mg
Thiamine	0.14	mg
Riboflavin	0.20	mg
Niacin	1.04	mg
Calcium	25.28	mg
Iron	1.24	mg
Phosphorus	186.63	mg
Folic Acid	32.56	ug
Sulfites	2	ppm

INGREDIENTS: WATER, SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, EGGS, PALM OIL, FOOD STARCH-MODIFIED, DEXTROSE, EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, SOY FLOUR, WHEY, NONFAT MILK, XANTHAN GUM, MONO- AND DIGLYCERIDES, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATTY ACIDS, SODIUM STEAROYL LACTYLATE, SODIUM PROPIONATE (PRESERVATIVE), SOY LECITHIN, ARTIFICIAL FLAVOR, CORNSTARCH, BETA-CAROTENE (COLOR).

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, EGGS, SOY, MILK)

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.