



# 100 Gram Nutrition

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## Description Premium Blueberry Muffin Batter

Artificially Flavored

### Based on 100 Grams of Bakery Product

Moisture	38.04	g
Ash	1.36	g
Calories		322
Protein	4.52	g
Total Carbohydrate	39.78	g
Total Fiber	0.72	g
Insoluble Fiber	0.01	g
Soluble Fiber	0.04	g
Sugar	20.46	g
Sugar Alcohols	0.00	g
Fat	16.18	g
Saturated Fat	2.79	g
Monounsaturated Fat	4.46	g
Polyunsaturated Fat	8.41	g
<i>Trans</i> Fat	0.17	g
Cholesterol	68.50	mg
Sodium	307.53	mg
Potassium	75.03	mg
Vitamin A	47.35	IU
Vitamin C	1.20	mg
Thiamine	0.15	mg
Riboflavin	0.18	mg
Niacin	1.18	mg
Calcium	21.78	mg
Iron	1.28	mg
Phosphorus	214.90	mg
Folic Acid	34.79	ug
Sulfites	2	ppm

INGREDIENTS: WATER, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, BLUEBERRIES, EGGS, FOOD STARCH-MODIFIED, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE), WHEY, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, VITAL WHEAT GLUTEN, SALT, XANTHAN GUM, SOY LECITHIN, ARTIFICIAL FLAVOR.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, EGGS, MILK, SOY)

Note: This nutritional analysis has been generated using ESHA Genesis R&D Nutritional Software. Donut Connection cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Donut Connection.